What’s Happening?

Principal’s Message
Annual Wildflower Walk What a great day last Sunday was, exploring the Bush tracks around Bonnet Bay. Our school is a great community resource which allows the community of Bonnet Bay the opportunity to be involved in days like this organised by Sutherland council and Bushcare to promote the beautiful natural bushland in Bonnet Bay. The wildlife show was well received by children and adults visiting. A huge thank you to Sutherland Council for providing lunch and for those who supported such a relaxing and informative day.

Children’s Writers Festival
Exciting news! I have secured a position for a selection of Bonnet Bay students to attend the Children’s Writers festival in November at Grays Point Public School. Only 15 schools in the Sutherland Shire could attend, so we are very privileged to be accepted. Students who have a passion for writing will be given an opportunity through a selection process to attend. Further information will be given closer to the event.

Sutherland Shire Music Festival
Our Senior Choir and Dance Ensemble have worked hard and have rehearsed today in preparation for their performance tomorrow night. Thank you to Mr Riggs and Mrs Turner for preparing the Senior choir, and Miss Hayley with her fantastic dance routine she created for “Follow that Dream” and “Sharing Smiles” with the Junior Ensemble. Next Wednesday night will see the Junior Choir and Dance Ensemble perform and thanks go to Miss Anderson and Mrs Lynch for their support with Junior Choir. A huge thank you goes out to Lisa Ziegler for her amazing effort in not only sourcing overseas T-shirts for the Junior Dance ensemble but making and organising the Senior Ensemble costumes. Lisa happily volunteers and takes hours of her time to support our Creative arts, if your child is involved in either group please thank her personally for her efforts. Our school is so lucky to have such willing helpers supporting our students and school allowing us to keep costs low for parents. It is so great to see the shear enjoyment on the students faces as they perform and we wish each group every success at their concerts.

School Website
We are endeavouring to improve our website with information and useful links for our community. Our School website has new links for parents and students to utilise. Go to www.bonnetbay-p.schools.nsw.edu.au and click on the Student Channel link and check out the fun links. Also if you have an ipad or iphone you can go through Safari and add a link to your home screen to our website. Let’s keep in touch!

Mobile Phones Parents could you please remind students that if they bring a mobile phone for contacting you after school that they need to sign it in to the front office. This is in line with the school’s mobile phone policy which keeps the phone safe and it is not a distraction for students during learning time.
Congratulations to our Values Award recipients.

**Uniform Shop**

Summer Uniform Orders

Notes and order forms will be sent home on 18th August (Due back on 25th August)

Please start to think about what uniform your child may need for the summer season - the upcoming order will be the only one of the season.

Leanne & Barbara

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**BAASC Update**

The BAASC building has begun with the footings being dug this week and progress is in motion. The Carpark will be closed at certain times to allow for the visiting workmen to access their site in safety. The remaining parks should be left for Staff only to park. Please be mindful where you park on the road outside our school and always consider neighbours assess to their properties. This community facility when completed will be a great asset to our school in supporting our working parents and allowing our students to stay in familiar surroundings before and after school times. The facility will also be available for us to use during the day as an additional area for dance or drama lessons. Income from this facility will be used to support our school and students in various programs and sees us as a supportive learning community.

Karen Deacon

**Principal**

“While we try to teach our children all about life, our children teach us what life is all about”

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**Family Statements**

Family Statements were issued this week which detail any outstanding student invoices which are payable to the school. Just a reminder that we now have an Online Payment facility. The payment page is accessed from the front page of the schools website by selecting $Make a payment on the activity bar.

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**Canteen News**

Canteen volunteers for next week are:

Monday: Lisa Ziegler
Tuesday: Kim Parkes, Sue French
Wed: Lisa Seaman, Rae Gallagher

The canteen is selling Chicken Jumpy’s for 80c. Slushie sales will resume when the weather warms up.

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**Father’s Day Stall**

On **Wednesday, 27th August** students will have the opportunity to buy a gift for Father’s Day. All gifts are $6.00 or $10.00. Please place money in an envelope with your child’s name on it to bring to the stall on the day. Thank-you.

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**School Assembly Awards**

**Term 3- Week 4**

<table>
<thead>
<tr>
<th>Award</th>
<th>Recipient</th>
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<tbody>
<tr>
<td>KL</td>
<td>Samuel, Hamish, Jasmine.S-R, Rashaylia</td>
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<tr>
<td>Values</td>
<td>Kade</td>
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<tr>
<td>Class</td>
<td>Amy, Damian</td>
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<tr>
<td>Values</td>
<td>Leilani</td>
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<tr>
<td>Class</td>
<td>Cormac, Evie</td>
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<tr>
<td>Values</td>
<td>Anneliese</td>
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<tr>
<td>Class</td>
<td>Charlie, Josiah, Anabelle, Lily, Tabitha, Jessica, Jobe</td>
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<tr>
<td>Values</td>
<td>Skye</td>
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<tr>
<td>Class</td>
<td>Tia, Matthew.S, Jarrod, Luke, Jada, Tasha, Annika</td>
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<tr>
<td>Values</td>
<td>Luke.L</td>
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<tr>
<td>Class</td>
<td>Kirsten, Shea</td>
</tr>
<tr>
<td>Values</td>
<td>Ellen</td>
</tr>
</tbody>
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**Principal’s Patch**

Jobe, Selene, Joshua.M, Matthew.S, Tamsyn, Zane

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Congratulations to our Values Award recipients.
Kindergarten
Enrolments for 2015
If you have a child starting school in 2015 or you know friends or neighbours that do, now is the time to enrol for Kindergarten for 2015. Please spread the word. Enrolment packs are available from the school office.

We Need Your Rubbish!
K/1T & KL are collecting odds and ends for their craft room. We welcome clean and dried plastic bottle-tops, plastic bread tags and polystyrene trays. We plan to upcycle this rubbish with a craft activity. If you are able to assist with our collection, please send your ‘rubbish’ to school.

Something for the Parenting toolbox...
Melissa Honor from Interrelate will present ‘Challenge of Disciplining your Children’
Discover constructive techniques to discipline and guide your children to become socially competent adults. You will walk away with some great strategies including:
- What positive discipline means and how to set clear boundaries that children respect and learn to appreciate
- To use conflict as a tool to improve relationships
- Tips and hints on different discipline techniques
When: Thursday 21st August
Time: 7pm – 9.30 pm
Cost: $10 p/p – pay on the night
Venue: Kirrawee Public School Library
Address: 146 Bath Road Kirrawee
Please arrive 15 minutes early to register and receive great Seminar notes and a hot chocolate /coffee. We hope you can join us for an informative and engaging evening.
Please RSVP to Kyla at the office on 9528-4111 or bonnetbay-p.school@det.nsw.edu.au

Thank you to all the students who have been posting their used stamps in the BIG RED BOX in the school foyer. For those that may not be aware, Bonnet Bay PS supports OUTBACK BUSH AID which is an organisation supporting indigenous and remote communities. We do this by providing OUTBACK BUSH AID with used stamps. Thank you to Mrs Layton also for your generous donation of stamps.
Looking forward to supporting our ‘neighbours’ through OUTBACK BUSH AID this term.
Regards,
Sheree Host - School Chaplain

MindQuest
On Saturday 13th & Sunday 14th September 2014 the 73rd NSW Talent Enrichment Weekend MindQuest will be held for primary students from Years 1-6 at St George Girls HS. These include gifted and talented students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over 38 exciting, fast paced courses in the two day program. They include courses in chemistry, earth sciences, drama, lego robotics, art and much more. Many of these highly successful courses have been run in the past and students’ evaluations suggest that they have been challenged and enriched by the experience. The cost of the weekend is $175. Brochures available from the office. Closing date for applications is 15/08/14.

Parliament & Civics Education Rebate (PACER)
Students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia’s history, culture, heritage and democracy.
The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of $20 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

Kindergarten
Enrolments for 2015
If you have a child starting school in 2015 or you know friends or neighbours that do, now is the time to enrol for Kindergarten for 2015. Please spread the word. Enrolment packs are available from the school office.
Stretch, Strengthen and Bliss out Afternoon

Take a Saturday afternoon just for you with a mini-retreat.

On Saturday 16th August from 1pm – 4pm, why not indulge in a little you time at the Bonnet Bay Public School Hall?

You will:
+ Stretch, tone and reconnect with you again with a yoga class.
+ Strengthen and tone in a B Whipp Fit Superstar class with acclaimed personal trainer Brett Whipp.
+ Indulge your body and taste buds in a delicious, nourishing afternoon tea.
+ Then bliss out with a stress relieving, deep relaxation and meditation session.
+ Plus gift bags, prizes and more!

All this for just $40 or $30 for B Whipp Fit members or Zali’s yoga students.

So bring everyone you know who does everything for everyone else and come and enjoy a relaxed, empowering, wonderful afternoon.

Contact: zali@pathstocontentment.com or mobile 0420 685 258

From the Library......

Mums, Dads or Grandparents. Seeking your assistance! No experience required......all tuition given!

We have many new Home Readers for our students that require covering with contact before the students can handle them.

If you able to lend a hand in covering would you please contact the school.

I am at school on Mondays or you can come for an hour or two any day that suits you.

Look forward to meeting you,
Gaynor Connor
Librarian

www.shireparents.com.au

Be sure to check out www.shireparents.com.au. It brings everything you need as a parent, all into one place and will continue to grow as new information and services become available. It has sections for Education, Careers & Family Support Services. It also contains relevant articles, case studies, local news and events as well as employment and educational opportunities that become available.

Sign up on the front page to receive their newsletter twice a school term.

CLICK HERE to access the latest newsletter.

Stewart House Clothing Appeal

Stewart House bags have been distributed for families who wish to donate to the Stewart House Clothing Appeal. Please leave any donated clothing at the end of the hall in the Admin Building by Wednesday 27th August 2014. Spare bags available.

Bonnet Bay Pre-School
Before and After School Care
Tudar Road Bonnet Bay, NSW 2226
Ph: 9528 8797
E: admin@oysterbayschoolcare.com.au
www.bonnetbayschoolcare.com.au

Please Support our School Fundraiser

The 2014/2015 Entertainment™ Memberships are available to order...

Books are no longer available but digital membership are still available until June 2015.

Please visit https://www.entertainmentbook.com.au/orderbooks/206k856

Please send the above link to relatives and friends so they can order the book. All proceeds will go towards P&C funds.

For more details please contact Vince on ozwilson@dodo.com.au

www.parentline.org.au

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www.parentline.org.au
Cool Little Kids Parenting Program

Early Intervention for Anxious 3-6 Year Olds

Is Shyness Normal in Preschoolers?
Some shyness can be a normal part of development. However, research has revealed that excessive shyness in preschool aged children can lead to the development of more serious problems in later life, such as the development of anxiety disorders. Having a parent who is anxious also increases a child’s likelihood of developing anxiety.

What Is the Cool Little Kids Program?
The Cool Little Kids Program is a group treatment program for parents of children aged 3-6 years who exhibit excessive shyness or anxiety. It equips parents with both knowledge and practical skills and tips on how to help their child manage and overcome anxiety. The program uses Cognitive Behaviour Therapy (CBT) techniques to give parents effective tools and strategies to assist their child.

What Topics Does the Program Cover?
- Understanding anxiety and shyness in preschool children
- Causes and risk factors for child anxiety
- Helpful and unhelpful ways of responding to anxiety in children
- Skills and strategies to help your child build brave behaviours and face fears
- Dealing with setbacks and difficulties
- How to maintain progress after the program ends

Who Should Attend?
Wherever possible and applicable, we recommend that all parents involved in the day-to-day care of the child attend the group. If this is not possible, we would suggest that the same parent attends each session (rather than alternating parents). This allows a parent to build on knowledge learned in previous sessions and we would encourage the attending parent to include the non-attending parent in the program by updating them on session content learned and involve them in tasks being practiced each week at home. Children do not attend groups and childcare is not available on site, so childcare arrangements should be made for the 6 sessions.


Time: 10.30am – 12.30pm

Venue: Caringbah Community Health Centre
In the rear grounds of The Sutherland Hospital
The Kingsway, Caringbah

Facilitators: Alison Downs and Lisa Lustica

Cost: $20 for manual

Enquiries: Contact Intake on 9522 1000. A telephone interview will be organised with one of the facilitators to determine your suitability for the program.